

RACE NEWS



RACE awards its riders for 2016

Each year RACE acknowledges the 'Rider of the Year' and 'Junior Rider of the Year'.

This year both Nic Simpson and Max Heizer are the recipients.

In line with a philosophy of constant improvement and the development of a real, long-term team culture, the Board decided to initiate rider's awards from 2014. The logic being that there should be reward for effort, and acknowledgment of that effort. It is anticipated that in time to come there will be a list of names on the perpetual trophies of riders racing at NRS or higher levels, and this will be an inspiration to young riders. They will recognize that rewards are achievable from effort and dedication, and that their dreams and aspirations are possible.

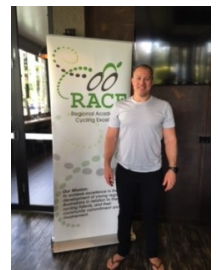
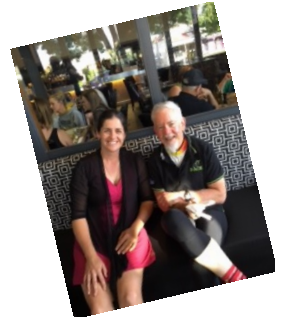
At the time of establishing the awards, the Board decided to dedicate the awards to two people who have been critical in the establishment and support of RACE

- The Tim Decker - Rider of the Year Award

Tim Decker is currently the National Track Endurance Coach and has been to the Commonwealth Games and Olympics and numerous World Titles where the teams have won medals and world titles. Tim is a founding member and the brain child behind RACE. He has a passion for pathways for athletes that could otherwise fall between the cracks that Institutes of Sport offer. Tim keeps a very watchful eye over RACE and is never far away when and if we need his insight. Tim uses the phrase "Never give up" Tim entered 18 Melbourne to Warnambool races, completed 14 of these, won after 14 attempts and finishing numerous top ten placings. Tim walks the talk.

- The Doug Issell - Junior Rider of the Year Award

Doug Issell, has been an accomplished cyclist and a fierce competitor. Later in life he was Tim Decker's mentor/coach and lifelong friend. Doug has managed many a Herald Sun Tour Team over the years and has cycling in his blood. Doug was a founding member of RACE



Thanks to the Brougham Arms for sponsoring this event!

MAJOR SPONSOR



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What's in store for 2017

The Board and management of RACE have been working on the budget for 2017, and prioritising the best events for our riders to participate in. Of course there is a huge dependency on our sponsors and there is the ongoing requirement to do fundraising. This year we are hoping to book 3 Bunnings BBQ days which will help to top up the funds, and extend our program for the year.

One new requirement that we will have from 2017 onwards is an annual rider administration fee of \$100.

This will be payable per rider per year and is due by the end of March.

This fee will be used to offset our general operating costs, including team registration, trailer expenses and rego, bank charges and honorarium for DS services. This fee in total will only cover approximately 25% of the costs of the organisation, excluding race entries and associated expenses.

2017 Race Schedule

This year we are planning to enter riders in the following events—entries, accommodation and DS time funded by RACE

Bay Crits—Geelong (Jan)

Tour of South West —Warnambool (May)

Bendigo Club Tour —Bendigo (June)

Tour of Wangaratta —Wangaratta (date TBA)

Criteria for selection and entitlements:

Athletes must have a cycling coach

Athletes must have a training program and evidence of program execution

Athletes must log their training on the RACE strava page and have a minimum of 250km per week for 1 month prior to event

To constitute a Team event RACE must have a minimum of 5 riders for an event to use trailer and Team bus and Director Sportif

Athletes must wear RACE Kit at all official RACE assisted events.

Other Racing Events

Where a team of 5 cannot be arranged to attend an event funded by RACE, then the Board may reimburse a RACE rider up to 1/3 of the entry fee, depending on the finances available.

Where RACE is not intending to send a team to an event, the Board may also reimburse a RACE rider up to 1/3 of the entry fee, depending on the finances available.

NRS events—For RACE to take a team to one of these events a rider levy will be required to pay for associated expenses. This will be determined on a case by case basis.

PS. Team Camp will be in November, subsidised by RACE.
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RACE—Cycling Event Schedule—2017

Date	Event	Category	RACE/Rider contribution
Jan 1-3	Bay Criteriums A Grade	Under 19 and up	Entries, accommodation and DS covered by RACE
Jan-04	National Criterium Title Ballarat	U23 and up	Riders may submit a claim
Jan-07	National U23 road Title	U23	Riders may submit a claim
Jan-08	National Road Title	Elite	Riders may submit a claim
Feb 18-19	Tour Gippsland VRS	U19 and up	Riders may submit a claim
Mar-09	Oceania Road Title	U23	Riders may submit a claim
March 10 11	Bendigo Madison Carnival and Team launch	All ages	N/A
May 6 - 7	Tour of South west (Warnambool) NRS	U19 and up	Entries, accommodation and DS covered by RACE
June 9,10,11	Bendigo Club Tour	All	Entries and DS covered by RACE
Jun-16	National Junior Road race title	Under 17,19	Rider Levy will apply
June 26-30	Tour of Great South Coast NRS	Under 19 and up	Rider Levy will apply
Dates TBA	Tour of Wangaratta		Entries and DS covered by RACE
Aug 25-27	Tour of King Valley NRS	Under 19 and up	Rider Levy will apply
Sep 16 -17	Amy Otway Tour NRS	Under 19 and up	Rider Levy will apply
Oct-14	Melbourne to Warnambool NRS	U23 and up	Rider Levy will apply
October 18-22	Tour of Gippsland NRS	Under 19 and up	Rider Levy will apply
November - 3 days	RACE TEAM CAMP Bright		Rider Levy will apply

Note: under 17 and under 19 races will also be considered upon application and we will be attending pop up events such as Wang tour, Rob Vernon and Bress criteriums and Bendigo Club classics etc if we have sufficient athlete numbers.

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CALENDAR

Jan	1— 3	Bay Criteriums
Jan	4 – 8	Nationals—Ballarat
Feb	18 —19	Tour of Gippsland
Mar	9	Oceanic Road Title
Mar	10 –11	Bendigo Madison RACE TEAM LAUNCH (at Brougham Arms)
May	6 — 7	Tour of South West (Warnambool)
June	9 — 11	Bendigo Club Tour (RACE family dinner Sun night—riders meals subsided) - -
Nov		3 Day Team Camp—Bright

A big thank-you
to our sponsors, parents, board
members and supporters this year.

Without your support we would not
be able to provide the services we
do for regionally-based
young riders.

Have a Merry Christmas
and we will see you in the
New Year. (As early as January 1st
at the Bay Crits!)



From all at RACE

COACHES/ALLIED HEALTH

*This is a fast find directory for riders and supporters
of RACE to utilise businesses that support RACE.*

Matt Wallace

COACHPRO

HIGH PERFORMANCE CYCLING

www.coachprobikefit.com

For coaching and bike fit outs

Ph: 0408 434 101 or email:

matt@coachprobikefit.com

Ryan Jeffrey

Ph: 0431 597 753

ryan@tkofitness.com.au

www.tkofitness.com.au



Noel Sens Coaching Accreditation

Ph: 0488 435 130

Also a special thank you to

n8health Bendigo & City of Greater Bendigo

and cyclists in Bendigo and Castlemaine for supporting our
three workshops this year.

SOCIAL MEDIA STATS

Snapshot for month ended 14/12/16

Page views	61
Page Likes	6
Reach	5524(up from 2517) (number who have seen posts)
Post engagement	2427 (up from 1157) (number who have reacted, shared, clicked or commented on posts)

Visit our Facebook Page

<https://www.facebook.com/race.org.au/>

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